acknowledgment. We continue to learn and to connect with the natural landscape around you and to imagine the people that were here long before us.

Now that you have started thinking about the land you stand on, consider how your body feels right here, right now. Take a moment to feel yourself rooted in the space, either by standing or sitting down in a comfortable and safe spot. Take a gentle breath in through your nose and a slow breath out through your mouth. Quiet your voice or your phone and try to focus on your 5 senses.

Practicing mindfulness is all about noticing our surroundings in the present moment without getting attached to thoughts of the past or future. This can help quiet our minds!

Looking at a sculpture, you can observe what’s in front of you. Is it big? Small? Is it shiny and neat or rough and dirty? Is it carefully done or made quickly? What is it made of? What is the title of the work? Who is the artist? These are the literal or factual things you can identify.

Modern artists (artists living and working today) work in a wide range of mediums in a world full of advancing technology. They are constantly finding new ways to reflect and comment on our society. Contemporary art should leave you with more questions than answers! When you encounter a work of art, try this:

There is no right or wrong way to interpret or make meaning out of an artwork. If you're feeling stuck, maybe these tips will help:

1. Look: Contemporaneous artists (artists living and working today) often make their work in a way that invites you to touch and explore it, understanding that each person's experience of the sculpture is different. There are lots of fun ways you can interact with a sculpture even if you can't get by looking at it!

- Sketch it! You can learn a lot by drawing what you see. You might notice details that you wouldn't have noticed otherwise.
- Become the sculpture! Create a pose that makes you look and feel like the sculpture.
- Pose that makes you look and feel like the sculpture.

- Smell, that's right, smell the sculpture! The artist may have intentionally chosen a scent to evoke a certain emotion or memory.

- Take a gentle breath in through your nose and a slow breath out through your mouth. Quiet your voice or your phone and try to focus on your 5 senses.

- Think: Notice how the elements and composition of the sculpture can affect your mood. Is it calming? Stimulation? Is it a sculpture that you would like to take home? How do you feel about it?

- Imagine this sculpture could talk. What does its voice sound like and what would it have to say? How can you interact with the piece from a distance?

- What are you looking at? Take time to observe what’s in front of you. Is it big? Small? Is it shiny and neat or rough and dirty? Is it carefully done or made quickly? What is it made of? What is the title of the work? Who is the artist? These are the literal or factual things you can identify.

- Are there colors, symbols or shapes that tell you something more? Does what you see point to, or remind you of, things that exist in your life, in your memory, or in our world?

- Gather all you’ve observed and seen, take some time to wonder about it all. What if…? I wonder why…? I think it's because…? This is a great exercise to practice mind-wandering and bring your thoughts back to the present moment.

- Gently feel the surface of the sculpture. It can offer you information you can’t get by looking at it!

- Get close to a tall sculpture and lie down on your back to get a different perspective.

- Walk around the sculpture to see it from all sides.

- Be kind to the art! We want you and the art to stay safe. Remember to only touch or climb on the sculptures if the park map says it’s okay.

- Following this rule shows that you respect the hard work of the artist and that you care about preserving the future of the art itself. There are lots of fun ways you can interact with a sculpture even if you can’t climb on it!

- What do the things you're looking at mean? Are there colors, symbols or shapes that tell you something more? Does what you see point to, or remind you of, things that exist in your life, in your memory, or in our world?

- Imagine this sculpture could talk. What does its voice sound like and what would it have to say? Become the sculpture! Create a pose that makes you look and feel like the sculpture.

- Sketch it! You can learn a lot by drawing what you see. You might notice details and get a better understanding of how the piece was constructed.

Now what? It is important to keep listening and learning. Are there ways YOU can create change and help others to better understand the people who are indigenous to this land?
NATURE
A plant is considered native if it has occurred naturally in a particular region, ecosystem, or habitat without human introduction. Many of our blooming native plants are rare and should be left to flourish without being disturbed.

SPRING
In early spring, look for sprouting skunk cabbage. These plants look like little purple holes shooting up from the ground.

SUMMER
In summer, you will notice Milkweed growing in the Architecture field. This is the only food source for Monarch butterfly larvae.

FALL
In the fall, purple Asters pop up all around the park, providing valuable late-season nectar for pollinators.

ART
Contemporary artists (artists living and working today) work in a wide range of mediums in a world full of advancing technology. They are constantly finding new ways to reflect and comment on our society. Contemporary art should leave you with more questions than answers! When you encounter a work of art, try this:

LOOK
What are you looking at? Take time to observe what's in front of you. Is it big? Small? Is it shiny and neat or rough and dirty? Is it carefully done or made quickly?

SEE
What do the things you’re looking at mean? Are there colors, symbols or shapes that tell you something more? Do they remind you of things that exist in your life, in your memory, or in our world?

THINK
Gathering all you’ve observed and seen, take some time to wonder about it all. What if…? I wonder why…? What do you think it’s because?... This is called interpretation and everyone has a different way of doing it!

SAFETY
Be present
Now that you have started thinking about the land you stand on, consider how your body feels right here, right now. Take a moment to feel yourself rooted in the space, either by standing or sitting down in a comfortable and safe spot.

Take a gentle breath in through your nose and a slow breath out through your mouth. Quiet your voice or your phone and try to focus on your 5 senses.

Practicing mindfulness is all about noticing our surroundings in the present moment without getting attached to thoughts of the past or future. This can help quiet our minds!

LAND
The land we are inspired to take care of is called Land Acknowledgment. Take a moment to connect with the natural landscape around you and to imagine the people that were here long before us.

You and to imagine the people that were here long before us. Knowing that we are on the land of the Mohican compels us to take action beyond land acknowledgment. We continue to learn and to acknowledge that we are learning, speaking and present as we commit to building a more inclusive and equitable space for all.

The land you now call home is called Land Acknowledgment. Take a moment to connect with the natural landscape around you and to imagine the people that were here long before us. Knowing that we are on the land of the Mohican compels us to take action beyond land acknowledgment. We continue to learn and to acknowledge that we are learning, speaking and present as we commit to building a more inclusive and equitable space for all.

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Architect Cameron Wu invites you in, up, around, and down this structure, changing your sense of direction and perspective as you enter and exit.

MAGNETIC Z
Cameron Wu, 2020

See if you can discover:
- Two ways to move or play inside the structure
- Three different views of the surrounding landscape
- A place of refuge from the elements

TUNNELTELLER
Alicja Kwade, 2021

Imagine this sculpture is a giant game. What are the rules and how do you play?

Atelier Van Lieshout encourages us to imagine a world where humans and machines are living and working as one functioning organism. As you explore this sculpture from all sides, see if you can find the places where humans might eat, sleep, work, play, learn, wash, and use the bathroom!

What work is done here? What gets made here? Who are the people that live here? Build your own story about Blast Furnace and tell it to the person or people you are with!

Agustina Woodgate's sculptures remind us that water is a precious resource. To ensure that we have clean water, we must take care of our environment. What is something you can do to protect our water and to keep our planet healthy?

Alicja Kwade uses industrial materials to change the way we see ourselves and the surrounding environment. As you move through this sculpture, see if you can find:
- a view of just the sky
- a view of just the ground
- a shadow
- a reflection
- a distortion

EUREKA
Brian Tolle, 2000

Trompe-l'œil (French, deceives the eye) is an art technique that uses realistic imagery to create the optical illusion that an object exists in three dimensions.

What tricks of the eye did the sculpture play on you? Did your ideas about the piece change as you moved from far away to up-close?

MATCH THE SENSE TO THE DIFFERENT PARTS OF THESE SCULPTURES:
- Sight
- Taste
- Touch
- Sound
- Smell

Fresh Air
Drainage pipes
Fossils
Water
Miami Oolite

CAN YOU FIND?